



SAILING PROGRAM

POWERED BY: **SPANISH**
IMPULSE

Nàstic Sports Academy – Spanish Impulse combines high-quality education with high-performance sports.

Sports Area, includes:

- Sports structure with the institution's own staff.
- Personalized sports tutor.
- Tactical and technical training on the water and in the classroom, video analysis, and data analysis with competition trackers.
- Five days on the water per week with a coach and support rib.
- National and international competition calendar (at least one competition per month)
- Transportation from NSA to the port and to the different competitions established on the official calendar.
- Physical trainer and gym work.
- Physiotherapy, psychology, and nutrition area.
- Personalized quarterly report from the sports management.
- Mentored by the Spanish Impulse team to facilitate integration into different crews (Olympics, Cruises, and Superyachts).
- Federation license, class card, and competition entries.
- Possibility to participate in other international competitions.
- Networking opportunities with sports professionals and successful alumni.
- 30% discount on the purchase of a new boat.



Accommodation, includes:

- Full board accommodation on campus.
- 24/7 supervision.
- Multidisciplinary internal staff: tutors, coaches, nurses, physiotherapists, psychologists, cooks, cleaning staff, etc.
- Access to campus facilities: study rooms, common areas, gym, lounges, sports facilities, etc.
- Leisure activities and cultural outings on weekends and holidays.
- Maintenance, cleaning, and laundry service.

Teaching, includes:

- Additional tutoring and personalized academic support.
- Exam preparation programs and university orientation.

Secondary Education (ESO) and High School:

- Compulsory secondary education and high school in Spanish/Catalan.
- American High School Diploma, in English.
- Possibility of obtaining dual certification.

University Studies:

- UNIR International University of La Rioja, in Spanish.
- MIU City University Miami, in English.
- Possibility of a hybrid model with both in-person and online classes, allowing making it compatible with daily training having a personal tutor monitoring the student.

Contribution to the Scholarship Fund: for those who want to contribute and can afford it.

Academic Year: 2025-2026