

Торіс	Comment
Demographic data	5 million inhabitants; Estimated 250 sailing and boating clubs; Estimated 70,000 members.
(population/no of	More than 800,000 boats.
clubs/members/boats)	
Currency with link for	Norwegian crowns (NOK). 1€ approximately 9 NOK. Cash is seldom required, but note that
exchange rates	some places do not accept all credit cards issued by foreign banks.
Formalities, Customs,	EU and Schengen residents do not need travel documents per se. Some form of official
passport control, visa	identity is required. Passport, National ID card etc. It is not necessary to clear customs unless you are carrying more than the allowed amounts of tobacco/alcohol that is the same
	as when entering by car, airplane etc. Further information can be found here: http://toll.no/default.aspx?id=3&epslanguage=en.
	Safe Sea Net - This is a system mainly for entry control (customs and immigration). It is
	optional for boats with loa less than 20 metres. It is not much used for pleasure crafts
	though it should be used by bigger boats and commercial vessels. The registration is through
	the website below (in English) and should be reasonably clear. The name Safe Sea Net is
	somewhat misleading as it will not normally trigger any reaction like eg SAR. Telephone in
	Norway 07847.
	English: http://www.kystverket.no/Maritime-tjenester/Meldingsog-
	informasjonstjenester/Meldingstjenesten-SafeSeaNet-Norway1/veiledning/brukerguider/
Banned substances	https://www.visitnorway.com/plan-your-trip/travel-tips-a-z/#customs-and-regulations
	Note that you can declare your medicine chest in accordance with international regulations.
Boat's documents	Ownership documentation.
required	
Insurance	Insurance is not mandatory in Norway, but necessary when taking part in sailing regattas. Insurance documentation may also be required in marinas.
Legislation certificate	Requirements for Norwegian subjects:
of competence	Boats more than 8 less than 15 metres: National certificate is required if born after 1980.
or competence	Boats more than 15 metres: Deck Officer D5 ("kystskipper")
	Visiting sailors must fulfil the requirements of their flag state.
	ISAF/World Sailing training may be compulsory if participating in races.
Alcohol limits – on	For leisure boats up to 15 metres for local sailors: 0,8/ml. (quoted locally as 0,800/100).
the water and on the	Visiting sailors must fulfil the same requirements.
road	On the road 0,2/ml
Legislation re life	Must always be carried by passengers and crew in boats less than 8 metres while under way.
jackets	Bigger boats shall always have life vests readily available for all on board.
TSS, esp. new ones	Notice to Mariners. https://www.kartverket.no/en/Kart/Nautical-Publications/Notices-to-
	Mariners/
Military exercise areas	Does not interfere with normal boating.
Major construction	Notice to Mariners. https://www.kartverket.no/en/Kart/Nautical-Publications/Notices-to-
sites	Mariners/
Windfarms/wave and	Still not a big problem in Norway. Farms are being planned, but few are built. Keep clear in
tidal energy projects	accordance with current charts. See also major construction sites above.
Bridges	Marked in every official nautical chart, Amendments see:
	https://www.kartverket.no/en/Kart/Nautical-Publications/Notices-to-Mariners/
	NB in remote places in early spring it may be prudent to allow for sagging of cables due to
	icing.

Fishing equipment	The laws are comprehensive. Complete text in Norwegian see Simplified summary:
	https://lovdata.no/dokument/SF/forskrift/2004-12-22-1878/KAPITTEL 18#§74
	If equipment is from a registered vessel the equipment shall be marked with vessel
	registration.
	If inside four nautical miles: To be clearly marked and with name and address at one end (if
	more than one).
	If outside four nautical miles, rules in accordance with international regulations: There shall
	be end buoys with two flags, a radar-reflector at each end and with light and light reflectors
	if set at night.
	If longer than two nautical miles a mid buoy shall be used marked with a C.
	Driftnets shall have a mid buoy if more than one nautical mile long.
	All buoys, markings and reflectors shall be of approved type.
Habitats and other	See: <a href="http://www.environment.no/Topics/Biological-diversity/Protected-areas/">http://www.environment.no/Topics/Biological-diversity/Protected-areas/</a>
protected areas	Surfers and kiters have been fined in some protective areas.
Flag traditions/	When moored, the flag is taken down at sunset no later than 2100 and hoisted at sunrise -
application of flag	not earlier than 0800.
rules	Guests are expected to fly a courtesy flag under starboard spreader in the same period as
	the flag.
Weather forecast	The weather forecast is available at <u>www.yr.no</u> with detailed weather forecast in English and
	www.storm.no
	Weather forecasts for coastal areas are transmitted continuously on DAB radio and also on
	VHF at predefined times. Listen to the traffic channels as announced on 16. See also global
	overview: <a href="https://www.seilmagasinet.no/innhold/langtur/?article_id=37482">https://www.seilmagasinet.no/innhold/langtur/?article_id=37482</a>
Harbours including	Net based harbour pilot <u>http://www.havna.com</u> Write the name of the harbour you seek in
approx number of	the field "søk havn".
natural harbours	Norske Los (Norwegian Pilot) for free downloading.
	https://www.kartverket.no/Kart/Nautiske-hjelpemidler/Den-norske-los/ Only the one for
	Spitsbergen is available in English. The rest are in Norwegian.
	Natural harbours are abundant and far too many to count. There are only a few places along
	the coast where they are far between. Natural harbours are often marked on maritime
	charts. Multiple coastal guides are available for the Norwegian coastline.
Mooring booking	Individual marinas/clubs should be contacted in advance, but major marinas will accept
facilities	guests as they turn up.
Swinging mooring	In the Oslofjord area there are some mooring buoys marked "OF – Oslofjordens Friluftsråd"
buoys for pleasure	where members have preference. Also the KNBF have some buoys along the coast. Most
yachts	buoys are private and for the exclusive use of their owners or clubs.
Anchoring and free	Yachts can anchor anywhere they please as long as they do not interfere with ships, boats
access ashore	etc. Access to shore is allowed anywhere, although privately owned beaches and quays can
	prohibit staying. Passage on the beach, even if private, is allowed as long as reasonable
	distance from private housing is observed. Also you cannot camp on private ground in the
	proximity of the owners' houses. Away from housing and fields you may, but good sense
	should be observed. Beware that weather conditions may be hard and changing rapidly.
	Beware of tidal water. Tides are very moderate in southern Norway, but can be significant
<u> </u>	up north.
Good harbour	Norwegian harbours are expected to be quiet after 2300.
manners	Most marinas, cities, towns and townships have marinas marked "Gjestehavn" meant for
	visitors. If not marked, buoys and berths must be considered private.
	Permission should be asked before rafting alongside another boat, but it is customary to
	allow it unless safety dictates otherwise. When rafted out and going ashore, never cross
	other boats via the cockpits - always walk across the bow.
	In harbour, do not use toilet without a holding tank.
Cafata in h	Otherwise all you need is common sense and consideration.
Safety in harbours	Use common sense. Life rings are normally provided. Beware of tidal water.
Rescue services	"Redningsselskapet/RSS", use VHF channel 16 and call Rescue Service. (Norwegian
	"Redningsselskapet or "Redningsskøytene"). Alternatively telephone 06757. Services are
	free for members.

Pyrotechnics	There are no formal requirements except in races, regattas and rallies where ISAF/World
- legislation re carrying	Sailing regulations apply. Good practice is at the discretion of the skipper.
<ul> <li>if flareguns (Very</li> </ul>	Old/out of date pyrotechnics shall be delivered to stores that sell them (all major boat
pistols) permitted	chandleries).
- if so is licence	
required?	
- procedure for	
disposal	
Staying during the	Contact local harbours regarding availability. Be aware that some harbours especially in the
winter	Oslofjord and other areas freeze in the winter. Along the west coast and northern parts, this
	is generally not a problem. Beware of customs regulations. Also VAT and tax regulations are
	enforced – Norway is not a member of the European Union and regulations apply as below.
	Info at: http://toll.no/default.aspx?id=3&epslanguage=en
	Foreign boats, owned by a foreign national, not living in Norway may be left as follows:
	1) For up to six weeks per year without notice to customs – use by owner only
	2) If you want to leave the boat and leave the country this is by application only. Application
	is for one year at the time, max. two years. Reapplication before expiry. Application form in
	English here: https://www.toll.no/contentassets/2fdaddde88974b7f872356e54574d8f1/rd-
	<u>0027e.pdf</u>
	This is not limited to the EU.
	Crew must adhere to immigration requirements
Antifouling regulations	Antifouling for sale in Norway is strictly regulated. Washing of boats in marinas are limited
	to designated areas with waste water collection. No specific regulation for visiting boats.
Fuel availability	Diesel is available In most Norwegian harbours. In many bigger marinas petrol is available as
,	well.
	Marine diesel is coloured green in Norway and is cheaper than road diesel. It contains no
	bio-diesel.
	Road diesel follows the European EN590 norm currently containing 7-8% bio-diesel
	(increasing). Pure diesel is labelled B0 (B-zero)
Gas and electricity	Bottled gas in the most common systems available. Press-on propane is readily available
systems available	from most petrol stations (tank exchange or new tanks). Threaded industry standard
– necessity for	(American standard) is available in some shops (e.g. Tess).
adapters	Vending machines for press-on and threaded propane tanks are common.
adaptero	LPG Norge outlets will be able to fill most gas bottles.
	Gas for camping may be found in major sports/outdoors stores rather than marine stores.
	Exchange Camping Gaz refills are not available in Norway.
Repair and	Spares and equipment are widely available in all major towns/cities. Ask around. Slipways
maintenance facilities	and yards dedicated to the fishing fleet may also be able to help.
Pump out stations for	Holding tanks for sewage can be emptied to the sea when the boat is more than 300 metres
sewage and oily water	from shore or outside regulated areas (e.g. inner Oslo Fjord). Use common sense, and empty
sewage and only water	only when not in conflict with delicate areas. Keep distance to beaches, marinas etc. Along
	most of Norway's coastline this is not a problem, because most areas used for cruising is
	close to open waters.
Dump out stations	
Pump out stations –	Pump-out stations are common in major marinas. Suction fittings on deck are used.
type(s) of nozzle used	
in the country	Trainer http://www.psh.po.Othorwite.wee.Coople
Public transport	Trains: <u>http://www.nsb.no</u> Otherwise use Google.
Major source of	Marine Stores/Chandleries are readily available in major cities. They are mostly well stocked,
charts/pilot books in	including charts and pilot books.
the country with link	
Shopping hours	Most shopping centres: 1000-2000 (18). Grocery stores 0700-2300 some places. Specialist
	shops: often approx. 0900 – 1700. Large variations. In typical tourist places some shops open
	on Sundays. Local grocery stores in smaller places are often a long distance from harbours
	and have shorter opening times. Make sure you have sufficient supplies to get from one big
	city to the next. It may be a considerable distance on the Norwegian coast.
Important phone	Norwegian Sailing Federation: https://norgesseilforbund.klubb.nif.no/ +47 21029710,
numbers, home pages	Royal Norwegian Sailing Club (KNS): <a href="http://www.kns.no/">http://www.kns.no/</a> +47 23275600
and useful links	www.knbf.no (Norwegian Boating Federation)
	Rescue/Redningsselskapet <u>www.redningsselskapet.no</u> (coastal rescue service).

Tick borne diseases	Ticks are a problem. Some carry TBE (mostly in the south) and some Lyme Disease (borrelia). Precautions not to be bitten should be taken. Contact medical services if bitten or symptoms.
Legislation re visiting	For regulations see:
with pets aboard	http://www.mattilsynet.no/language/english/animals/travelling_with_pets/
Practical Advice and	Safety zones oil installations:
Misc. Information	500 metres from fixed and floating oil drilling and production installations
	International regulations apply. Some lights (e.g. Lupolight) are explicitly approved. LED is
	not an issue if rules of visibility range, colour and sectors are obeyed.
	Carry a small amount of cash in local currency.
	KNS Marina: Member of International Council of Yacht Clubs.
	The App "Navida" for iPad (or Google Play?) provide free Norwegian raster charts based on public domain coastal charts (not very sophisticated).

This document does not claim to include all known information on the subjects covered but the compilers and the Baltic Sea Cruising Network (BSCN) believe that the information contained represents a useful aid to those visiting the country by pleasure craft. Visitors should make prudent use of the information available on the websites quoted. No responsibility for loss occasioned to any person acting or refraining from action as a result of the material in this publication is accepted by the compilers or the Baltic Sea Cruising Network.

## BSCN/Useful Information/NOR-JFM Changes and updates, please contact jfm@sailaway.no DATE First version 2008. Revised to December 2018.